

Chocolate Banana Chia Pudding

NUTRITION INFORMATION

Servings per package: 2

Serving size: 100 g

	Average Quantity per Serving	Average Quantity per 100g
Energy	525 kJ	300 kJ
Protein	8.1 g	5.3 g
Fat, Total	5.1 g	2.9 g
- Saturated	2.9 g	1.8 g
Carbohydrate	12.7 g	8.1 g
- Sugars	12.5 g	4.2 g
Sodium	62 g	40 g

Ingredients: Milk, Chia Seeds, Cocoa Powder, Mapple Syrup, 1/2 Banana Mashed.

Allergens: Cow milk.

CoOL: Unknown country of origin